

THE OA

NEWSLETTER



What's in this month's issue

- Holiday stress
- Holiday reminders
- Esthetics instructor highlight
- Esthetics student highlight
- Spirit Week Fun
- Bad weather reminders
- Dermalogica winners
- Cosmo winter hair

Holiday Schedule

We are closed Thanksgiving Day and the day after (open that Saturday.) We are also closed on Tuesday December 26th for the Christmas holiday.

Bad weather reminder

We post on NBC 30 (Channel 4) and on our Facebook page if we are closing. If the school is open, but the weather is bad by you, stay home. Your safety is most important and that is what matters.

SEASONAL STRESS!!!!



This can be a very stressful time of year for everyone, the weather is getting colder, the time change and lack of sun gets to us, upcoming holiday stress, and seasonal financial stresses all pile on top of each other. It is a time of a lot of change and expectations that never seem to work out the way that we want them to.

The crucial thing is to realize what it is, and that this stress is only temporary. There are different things that you can do to help alleviate that stress. Go get a massage, meditate, take a hike in the fresh air, curl up in front of a fire with a good book, blast some music and dance like nobody is watching...whatever it is that makes you feel good and release some tension, do it.

Also, remember that you never know what someone else is going through right now. This could be their first holiday after the loss of a parent or a family member. They might not have the money for Christmas gifts for their kids. They might not have a safe place and are homeless or are living in an abusive home. This is the perfect time of year to remember to give each other grace and space. We are not always going to all like each other, but we do need to respect each other. Gossiping about each other has no place here at Oxford Academy.



OA SPIRIT DAYS! NOVEMBER 28-DECEMBER 2ND

Join us for some OA fun!

Tuesday - Red & Green Day

Wednesday - Twin Day

Thursday - 80s Day

Friday - Flannel Day

Saturday -special surprise



Please remember closed toe shoes must be worn and these are not “dress down days”- These are theme days and if you are out of uniform you need to be participating in the theme of the day

INSTRUCTOR & STUDENT HIGHLIGHT

Miss Nani- Esthetics & Eyelash Instructor

Dream client- Karol G

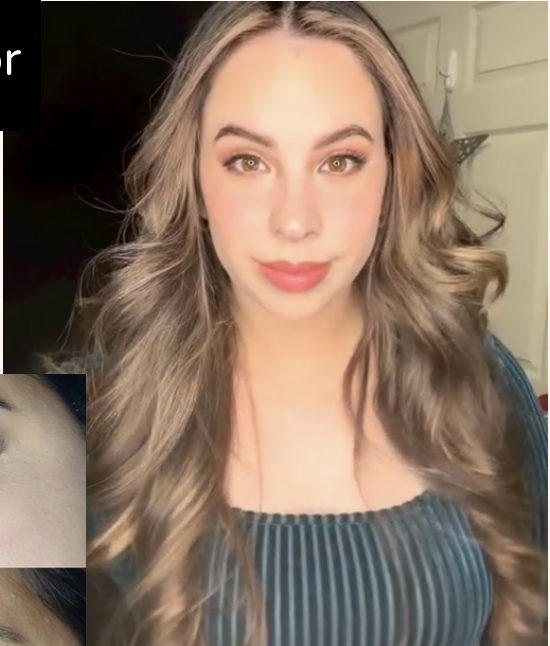
Favorite Musician- Bad Bunny

What surprised her about OA? How welcoming everyone was coming from another state. The program here is more robust and how family oriented the school is.

What is her favorite service to do?

Lashes and waxing (hard wax all the way)

What is something that people wouldn't expect about her? She has been married for 11 years and had a baby at 21. Nani is very spontaneous and loves the tropics!



Miranda D. - Esthetics Student

Dream client- Madison Beer

Favorite Quote- "What if it doesn't happen? Ah, but what if it does?" Amber Schol

Dream job- to have her own skincare business utilizing (and selling) products that she created! Also to be an influencer!!

What surprised her about OA? School has opened her eyes to how possible it is for her to create the life that she wants. She was surprised how much she has learned about herself through this experience.

What is something that people wouldn't expect about her?

Although work can be tough and she can fall into the feeling of being trapped, she is in perfect alignment with her lifelong goals. Her plans have been set since at a young age back on April 24, 2017 she came to OA to be a model for a family friend. She fell in love with the school and told her mom that she was coming here one day! Seven years later and she made it happen!

DERMALOGICA CONTEST WINNERS!

Payton & Jill!!!

Payton sold 18 Awaken Peptide eye gels and Jill sold 17! They both earned over \$300 dollars worth of free products! Honorable mention to Bianka, Alexis and Jackie for also winning free products with their sales!



REMINDERS

Dress code

Cosmo - all black bottoms, with your OA tshirt (no exposed abdomen), (black OA hoodie is optional)

Esties- All white scrub pants, white shoes and white OA t shirt (white OA hoodie optional.) Nails trimmed to ensure client safety and sanitation.

No flip flops or open toed shoes for any student



Attendance

Door opens at 8:45 am and you must clock in by 9:05 when door locks. If you miss that clock in, you can clock in at 10:30 but no later. Evening doors lock at 5:15 with no late entry. On Saturdays you must clock in no later than 9 am with no late entry allowed

